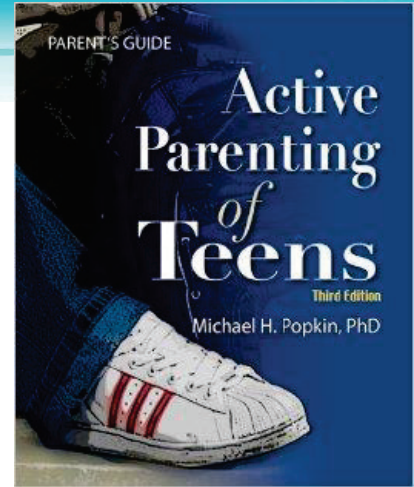


FREE PARENT WORKSHOP



Active Parenting of Teens is an *evidence-based curriculum* where *parents* learn various methods to improve communication and help families thrive. The program contains educational videos, group discussion, and interactive activities.

This workshop will cover topics such as:

- **Session 1:** The Active Parent
- **Session 2:** Winning Cooperation
- **Session 3:** Responsibility and Discipline
- **Session 4:** Building Courage, Redirecting Misbehavior
- **Session 5:** Drugs, Sexuality, and Violence: Reducing the Risks (part 1)
- **Session 6:** Drugs, Sexuality and Violence: Reducing the Risks (part 2)

Dates:

Wed., January 26, 2022
Wed., February 2, 2022
Wed., February 9, 2022
Wed., February 16, 2022
Wed., February 23, 2022
Wed., March 2, 2022
Wed., March 16, 2022 (if needed)

Location:

Alhambra Family Resource Center
4432 W. Maryland Ave,
Glendale, AZ 85301

Time:

11:00 am-12:30 pm

For more information, please contact your school's Parent Volunteer Coordinator.

